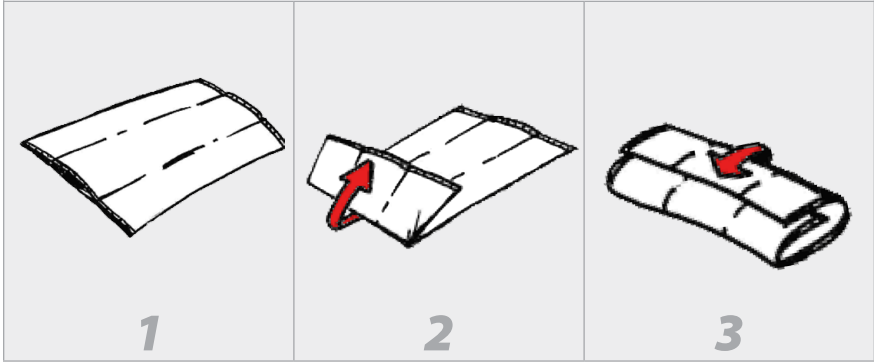
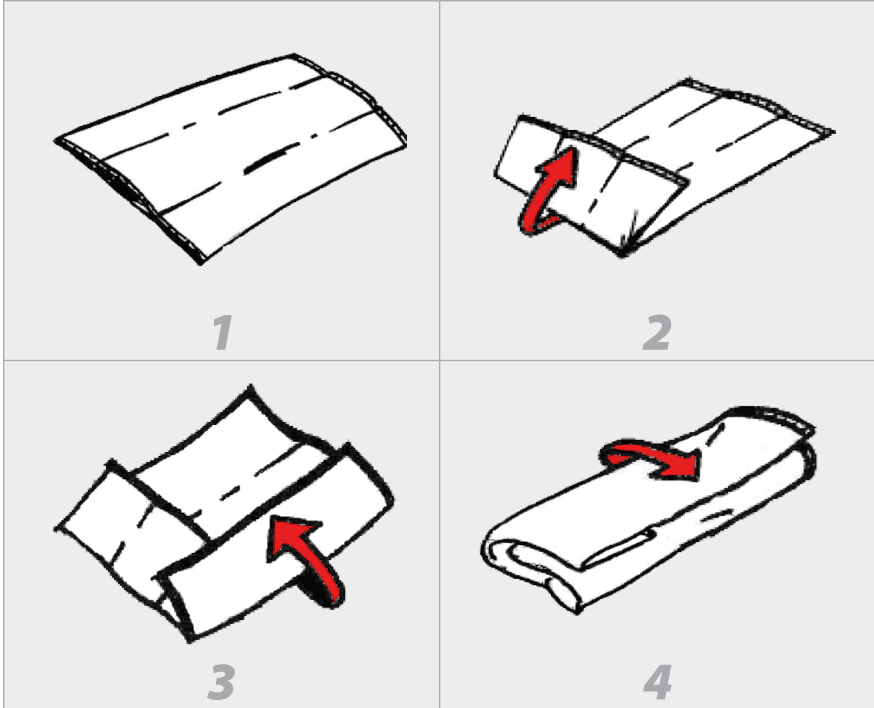


# 3. Folding

Girl Fold (maximum absorbency in the middle):

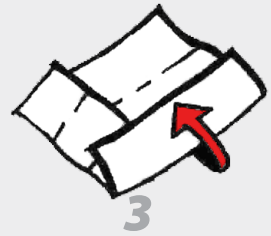
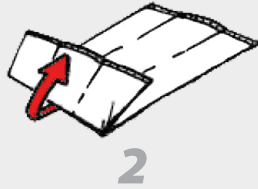
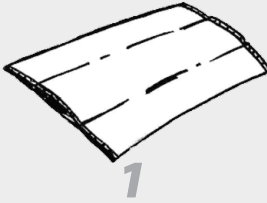


Boy Fold (maximum absorbency in the front):



Try the following two folds with newborn babies and beyond!  
They will contain runny liquid poop.

### Fan Fold



### Bikini Twist

Lay diaper flat on diaper cover, and place baby on top. Grab the bottomright corner with your left hand and the bottom left corner with your right hand, and then twist the diaper over (your arms will no longer be crossed). Bring the front half of the diaper up to the baby's tummy and fasten the diaper cover. Any excess diaper can be folded down in order to fit within the cover.

